

COMMISSIONED OFFICER TRAINING WELCOME PACKAGE

Effective immediately you will begin practicing proper military courtesies. This means you will use "sir" and "ma'am" when addressing any OTS staff member, regardless of the staff member's rank.

You must arrive for in processing on the first day between 1000 and 1600. You cannot be late! If you will be late, either through poor planning on your part or events beyond your control, contact the 23 TRS orderly room at 334-953-0347 during duty hours or the Staff Duty Officer at 334-462-4411 after 1600. On arrival day, Officer Training School Staff will march you to and from dinner or provide you with a Meal Ready to Eat (MRE).

Read This Welcome Package and your Operating Instructions. You will be tested on your knowledge of them very soon. You are expected to use proper reporting statements immediately and will be corrected in a direct manner until you do. These can be found in OTSMAN 36-2202, Chapter 1. Concentrate on the first four chapters

Package Contents:

- Welcome Letter
- Typical Day at COT
- Military Equal Opportunity and Treatment (EOT) Program
- Severe Weather Procedures
- OTS Complex & Base Maps
- COT Customer Service POC Handout
- Medical & Dental Care Guidance
- TRICARE Information Sheet
- Finance/Personnel In-Processing Information Sheet
- Library Information
- Fitness Questionnaire
- Items Required for In-processing TD-0 and TD-1
- Initial Performance Feedback Worksheet Instructions
- Initial Performance Feedback Worksheet
- Uniform Checklist (Male and Female)

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DEPARTMENT OF THE AIR FORCE AIR UNIVERSITY (AETC)

5 May 09

MEMORANDUM FOR COMMISSIONED OFFICER TRAINING (COT) STUDENTS

FROM: 23 TRS/CC

SUBJECT: Welcome Letter

- 1. Today, you begin an intense five-week course designed to transform you from a technical professional into a leader worthy of the trust of this nation. This course will push you to your limits. In doing so, we will expand the limits of your capabilities. Expect to work long days and to integrate within your flight, squadron and group. The attachment "Typical Day of a COT Student" provides an overview of what to expect. If you do what we expect, you will graduate as a competent, courageous leader with an infectious desire to serve with integrity and excellence.
- 2. Air Force officers at all levels must know and strictly adhere to their organization's standards. You will learn many of these standards while here at COT. Effective immediately, you will use proper customs and courtesies when addressing OTS staff. You will answer direct questions with "yes, sir/ma'am" or "no, sir/ma'am," as appropriate. You will begin every sentence with "sir" or "ma'am," as appropriate.
- 3. Begin studying the Operating Instructions now. You must know reporting, flightroom and auditorium procedures as outlined in OTSMAN 36-2202, *Standardization of Procedures Officer Training School*, by Training Day 1 (your first full day at COT). This evening, begin filling out the paperwork in your Welcome Package. You will be turning in various paperwork within the Welcome Package during inprocessing and the Flight Commander Welcome.
- 4. During in-processing and early on the morning of Training Day 1, Officer Training School staff will be in the dormitory providing direction on what to do and where to be. They will be loud and directive in their instruction and will single out individuals needing specific attention. Have your important paperwork (items on the In-processing checklist and the Welcome Package) with you for the day. You will not be allowed to return once you depart the dormitory.
- 5. If you have any questions prior to the class, contact the 23 TRS/DO during duty hours at 334 953-0347. If you require assistance on arrival day, call the Operations Control Center during the day at 334-953-9675 or the Staff Duty Officer at (334) 462-4411 after 1700 hours.

TODD E. ACKERMAN, Lt Col, USAF Commander, 23d Training Squadron

Attachment:

Talking Paper on a Typical Day for a COT Trainee

TALKING PAPER

ON

A TYPICAL DAY FOR A COMMISSIONED OFFICER TRAINING TRAINEE

- 0430 Wake up/Personal hygiene time
- **0450** Form up to march to Physical Training pad
- 0505 Arrive PT pad/Trainee Group accountability
- **0515** Physical Training begins
- **0615** Physical Training ends
- 0630 March to breakfast/Personal hygiene time/Change into UOD
- **0745** Form up to march to OTS bldg
- **0755** Prepare for flight room class (0800-0850)
- **0855** Prepare for flight room class (0900-0950)
- **0955** Prepare for flight room class (1000-1050)
- 1050 Transit to auditorium for lecture
- **1055** Prepare for auditorium lecture (1100-1150)
- 1150 Transit to flight room for lunch prep
- **1200** March to lunch (Marched by Flight Commander)
- 1235 March from lunch (Marched by Flight Commander)
- 1245 Return to flight room/Trainee Group or Flight position duties/Class prep
- **1255** Prepare for flight room class (1300-1350)
- **1355** Prepare for flight room class (1400-1450)
- 1450 Transit to auditorium for lecture
- 1455 Prepare for auditorium lecture (1500-1550)
- 1555 Prepare for auditorium lecture (1600-1650)
- 1655 Transit to flight room or Flight Commander's cube for counseling
- **1800** March to dinner (Marched by Flight Commander)
- **1835** March from dinner (Marched by Flight Commander)

END OF DUTY DAY FOR TRAINEES (1900)

- **1900** Detail to dorm or shoppette for personals
- 1915 Group study in dorms with flight mates
- 2100 Individual study in dorm room/Work on assignments/Additional duties
- 2300 Personal time/Hygiene
- **2400** Lights out



DEPARTMENT OF THE AIR FORCE AIR UNIVERSITY (AETC)

5 May 09

MEMORANDUM FOR ALL 23 TRS STAFF AND COT TRAINEES

FROM: 23 TRS/CC

SUBJECT: Military Equal Opportunity and Treatment (EOT) Program

- 1. You have the right to work in an environment free of unlawful discrimination and sexual harassment. Unlawful discrimination is any discrimination based on race, color, religion, sex, or national origin. Unlawful discrimination and sexual harassment are contrary to good order and discipline and counter-productive to combat readiness and mission accomplishment. I will not tolerate unlawful discrimination against Air Force personnel or their family members.
- 2. Your chain of command is responsible for creating an environment free from unlawful discrimination and sexual harassment. You should attempt to resolve EOT problems at the lowest level, and you have the right to file an informal or formal EOT complaint with your chain of command without fear of reprisal. Trainees <u>must</u> report all instances of discrimination or harassment to their Flight Commander, even if they have been fully resolved at the trainee level.
- 3. All reports of unlawful discrimination or sexual harassment will be investigated and appropriate disciplinary and corrective action will be taken if unlawful discrimination, harassment, or reprisal is substantiated.
- 4. All rating and evaluation officials will evaluate compliance with EOT directives and document repeated or serious violations in performance reports. Membership in groups espousing supremacist causes or advocating unlawful discrimination must be considered in evaluating and assigning members.
- 5. These requirements are the minimum legal behaviors for AF members, but we can go well beyond simply being legal. I expect staff and trainees to model professional behavior at all times. Loss of self-control, belittling comments, profanity, etc., do not reflect well on the AF and will not be tolerated. More importantly, we will aggressively work to develop our diverse abilities and talents, to ignore differences that have no bearing on mission accomplishment, and to make every person successful and proud of their unique contributions to the squadron.
- 6. If you are involved in a situation involving harassment or discrimination, you may want to contact the Military Equal Opportunity Office at 953-6010, the OTS chaplain at 953-4748, or the base Sexual Assault Response Coordinator at 953-8696.

TODD E. ACKERMAN, Lt Col, USAF Commander, 23d Training Squadron



DEPARTMENT OF THE AIR FORCE AIR UNIVERSITY (AETC)

2 Mar 09

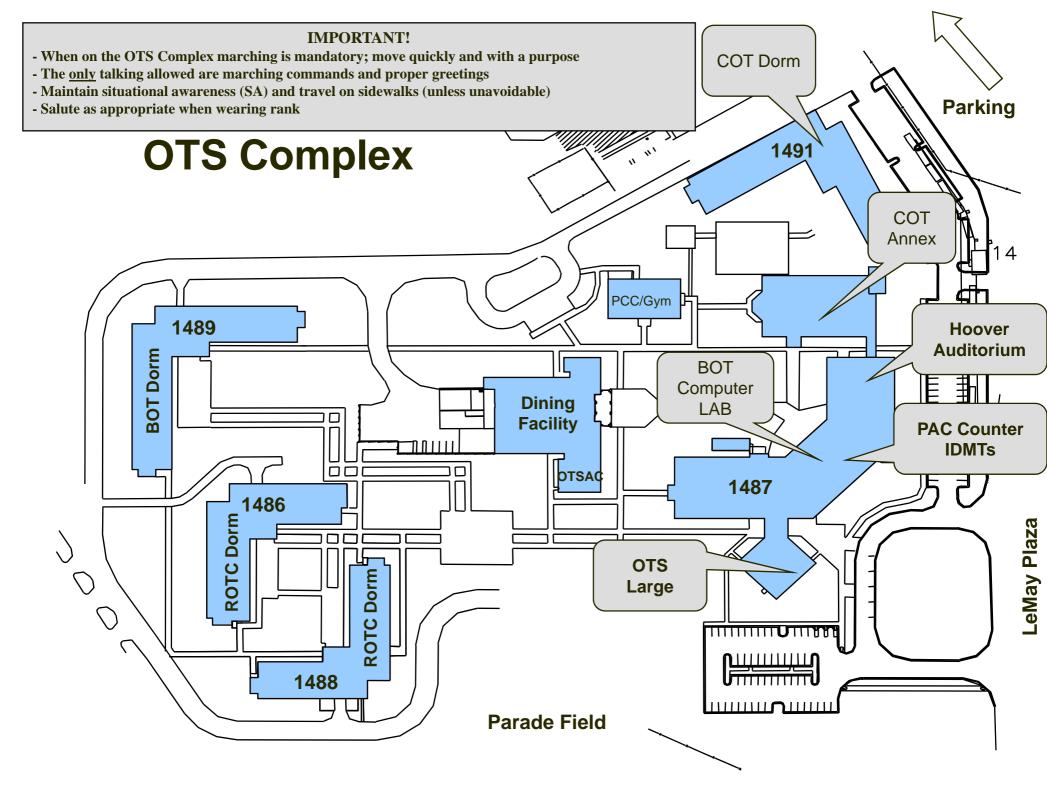
MEMORANDUM FOR INCOMING STUDENTS

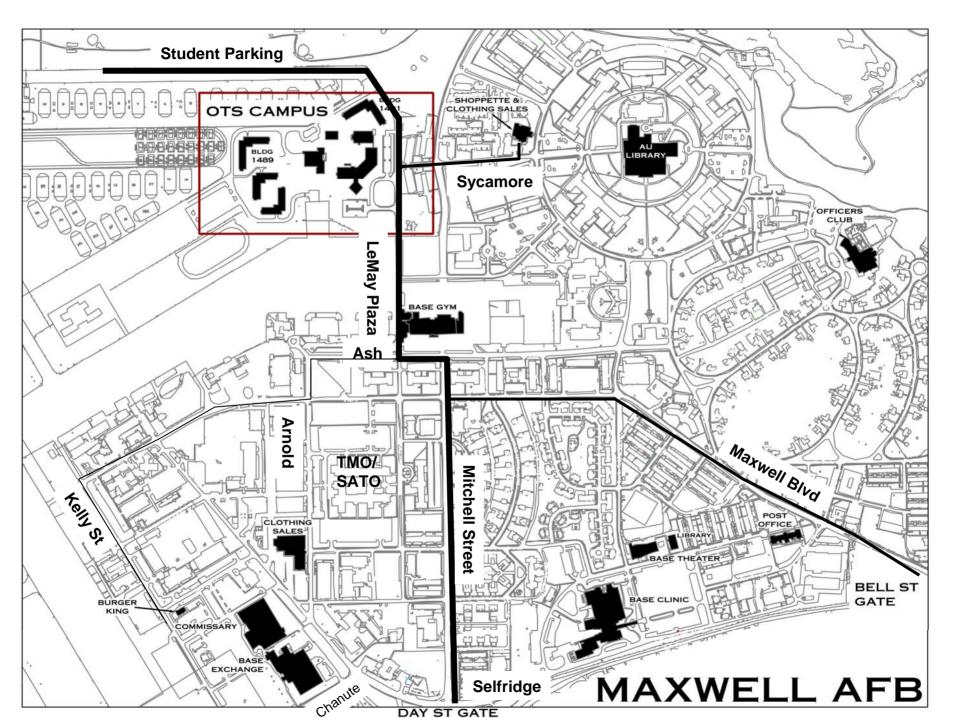
FROM: 23 TRS/DOA

SUBJECT: Severe Weather Procedures

- 1. Welcome to Commissioned Officer Training! As a student, you will face many challenges, to include severe weather (e.g., tornados, strong thunderstorms, intense heat). My job is to make you aware of these conditions, and ensure you take proper safety precautions.
- 2. Tornados affect the Montgomery area every year, especially during the Spring and Summer (tornado season). A tornado watch means weather conditions are favorable, while tornado warning means a funnel cloud has been spotted or is imminent. During a warning, a 3-5 minute steady tone will sound over the base warning system. Take the following precautions when you hear this tone:
 - a. Boyd Auditorium exit auditorium, proceed to interior, first-floor flight rooms
 - b. Hoover Auditorium exit auditorium, proceed to interior hallways on the sides of and behind the auditorium
 - c. Flight rooms proceed to interior, first-floor flight rooms
 - d. Dorms proceed to closets in first-floor rooms, three students per closet (when closets are full, fill bathrooms)
 - e. Outdoors quickly enter nearest building and take cover in smallest, innermost room
 - f. Most importantly, take shelter first. Accountability actions will occur after the "all clear" is sounded over the base warning system and the OCC (danger has passed)
- 3. Montgomery's intense heat and humidity is another safety consideration during the hot season (15 Apr 15 Oct). Temperatures will average in the mid 80s, and can possibly reach 100 degrees. As a result, you can suffer from several heat stress disorders (e.g., heat cramps, heat exhaustion, heat stroke). For your protection, physical training is conducted during early morning hours to avoid the hottest part of the day. In addition, you must drink plenty of fluids. Proper hydration is the best way to prevent heat stress.
- 4. Please contact me at 3-0303 with any questions you might have.

DAVID R. GALBREATH, Capt, USAF Unit Safety Representative





Commissioned Officer Training Customer Service POC Handout

<u>Personnel Section:</u> We are located in the main OTS building (Bldg 1487) at the Personnel Assistance Counter (PAC). The PAC is located near the barbershop. Please sign in at the computer to the right of the PAC for any personnel questions or concerns. Our normal hours of operation are Mon, Tues, Thurs and Fri 0730-1630; Wednesdays 0900-1630. You may also contact us at the following numbers:

SSgt Douglas NCOIC, COT 953-1889

Dependent IDs/DEERS Enrollment: In order for your family to be eligible for medical or dental coverage, we must update their information in the Defense Enrollment Eligibility Reporting System (DEERS). You will need to provide the Personnel Section with a **DEERS Information Worksheet** (provided during the Personnel In-processing briefing) along with a marriage certificate and/or birth certificates for your children. Please provide your spouse's birth certificate only if you have step-children. Once this information is verified, we will use the **DEERS Worksheet** to update your dependents in the system

<u>Medical/Dental Coverage</u>: To enroll your family members for medical coverage with Tricare, call 1-800-403-3950 or visit their website at <u>www.tricare.osd.mil</u>.

To enroll your family members for dental coverage with United Concordia Tricare Dental Program call 1-888-622-2256 or visit their website at www.ucci.com. You and your family members must be enrolled in DEERS prior to signing up for medical/dental coverage.

Finance Office: A Finance Representative will be available to address your financial concerns in the main OTS building at the Personnel Assistance Counter (PAC) on Tuesdays and Thursdays at 1130-1230. If you are unable to meet with Finance at these times due to scheduling conflicts, please contact SSgt Douglas for assistance. *FYI: Please do not sign in at the PAC computer for assistance from Finance---they will have a separate sign-in sheet available.*

For emergency pay concerns, please contact the Maxwell AFB Finance Office (Bldg 804) at 953-3288, option #2.

Montgomery G.I. Bill Questions: Maxwell AFB Education Office (Mr. Baker) - 953-5959

Legal Matters: Maxwell AFB Legal Office - 953-2786

Shipment of Household Goods: Maxwell AFB Traffic Management Office (TMO) - 953-3887

Travel Arrangements: Official Business – 240-3345 Leisure – 262-4914



DEPARTMENT OF THE AIR FORCE AIR UNIVERSITY (AETC)

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MEMORANDUM FOR COMMISSIONED OFFICER TRAINING STUDENTS

FROM: 23 TRS/DO

SUBJECT: Medical and Dental Care Guidance

- 1. If there is a threat to *life*, *limb*, or eyesight, go directly to the nearest emergency room or call 911. To contact the ambulance service located on Maxwell AFB dial 911 from a base phone or (334)953-9911 from your cell phone. Dialing 911 from your cell phone will get the Montgomery emergency response number and takes longer to respond to an on-base emergency. Local hospitals include:
- Jackson Hospital (I-85N, Forest Ave Exit 2, Turn Left); 293-8000 (Non-TRICARE)
- Baptist South Hospital (I-65S, E. South Blvd Exit 168, Turn Left); 288-2100 (Preferred)
- Baptist East Hospital (I-85N, Taylor Rd Exit 9, Turn Left); 277-8330
- 2. Non-emergency medical attention during duty hours:
- OTS Sick Call: Independent Duty Medical Technician (IDMT) office (building 1487, 1st floor), Monday-Friday 0515-0645
- Maxwell Clinic: Call 953-3368 between 0700 and 1600 for an appointment
 - -- Report to OTS IDMT office prior to and after reporting to Maxwell Clinic (bring all medical paperwork)
 - -- Sick call hours are Monday through Friday 0645-0730 (no appointment necessary)
 - -- Call the Operational Medicine Nurse at 953-2462 to verify whether you need an appointment, obtain medical advice, or obtain lab results
 - -- Ensure they understand you are an OTS student
- 3. Report for all sick call or medical appointments in an authorized uniform.
- 4. If you require non-emergency medical attention after duty hours:
- On base call the OCC at 953-9675 or the SDO cell phone at 462-4411
- Off base call 953-3368 and ask to speak to the on-call physician; if you cannot reach the on-call physician, contact the nearest hospital emergency room and speak to their on-call physician
- Report to OTS IDMT office during sick call hours the next duty day
- 5. If you receive medical care without a referral, you must report the visit within 24 hours. If you are enrolled in Tricare elsewhere, call your regional Tricare office. If you are not enrolled in Tricare elsewhere, call 953-3368. If you were seen during the weekend, call during the next duty day. You initially may have to pay your own medical bill, but Tricare can reimburse you later. If possible, obtain a referral prior to seeking medical attention to preclude incurring non-authorized costs. The OTS IDMTs can help process your Tricare paperwork and answer Tricare questions, if needed.

KEVIN M. ALEXANDER, Maj, USAF

Director of Operations

TRICARE INFORMATION SHEET -- 17 Apr 06

This information was extracted from the TRICARE website and/or TRICARE informational handouts:

To receive the full benefit under TRICARE Prime, Prime members must have their non-emergency health needs directed by their Primary Care Manager (PCM) and approved health care finder. This includes all referrals to specialists, hospitalizations or any care required while traveling away from home. When Prime members do not coordinate their health care through their PCM, they make a choice to exercise the TRICARE Point of Service option. By making that choice, TRICARE Prime members are subject to higher deductibles and cost shares. TRICARE Prime beneficiaries who are treated for an emergency should notify their PCM within 24 hours of their emergency treatment in order to receive the full PRIME benefit. Point of Service Option Cost Share is 50% of the TRICARE Maximum Allowable Charge (MAC).

This applies to OTS students that are prior enlisted as they are here TDY enroute and all students TDY here for SOS, ASBC, etc.

New accessions that are not enrolled will be authorized through the Service Point of Contact (SPOC) option.

Below is a current list of TRICARE authorized urgent care centers. This may be helpful for students here TDY when trying to coordinate urgent care with their PCM at their home base.

Please remind students to update their DEERS information and MTF information whenever they change address/phone number, etc. Failure to update DEERS and MTF information can result in misdirected communication, delayed enrollment and claims payment, etc.

All beneficiaries can call DEERS at 1-800-538-9552 or make the address change online by visiting www.tricare.osd.mil/DEERS address/.

Urgent Care Centers

Mouton, Abraham MD Soler, Anthony MD American Family Care 2936 Marti Lane Montgomery, Al 36116 334-288-0088 Mon-Sun, 8a-6p

Arguello, Martha MD American Family Care 6910 Vaughn Road Montgomery, Al 36116 334-279-7444 Mon-Sat, 8a-6p

Beauchamp, D'Livro MD Sachdev, Jatinder MD American Family Care 601 N Eastern Blvd. Montgomery, Al 36117 334-279- 6331 Mon-Sat, 8a-6p

PriMed Vaughn Road

2815 Eastern Blvd Montgomery, Al 36116 334-271-4545 Sun-Sun, 7a-9p

PriMed Atlanta Highway

4305 Atlanta Highway Montgomery, Al 36109 334-271-7051 8a-9p Sun-Sun (Closed Major Holidays)

PriMed Taylor Crossing

34 Taylor Road , North Montgomery, Al 36117 334-272-7639 Sun-Sun, 7a-9p

Provider listings are subject to change without notice. Please call the provider to confirm continued participation with TRICARE.

TRICARE TOLL-FREE NUMBERS

National Toll Free Numbers	
Senior Pharmacy Program	1.877.DOD.MEDS
http://www.tricare.osd.mil/pharmacy/seniorpharmacy.cfm	(1.877.363.6337)
TRICARE For Life ">http://www.tricare.osd.mil/tfl/>	1.888.DOD.LIFE
	(1.888.363.5433)
TRICARE Prime Remote (TPR) http://www.tricare.osd.mil/remote/	1.888.DOD.CARE
(active duty and family members)	(1.888.363.2273)
TRICARE Retiree Dental Plan - Deltal Dental	1.888.838.8737
http://www.tricare.osd.mil/beneficiary/beneficiary/supprog.html	
TRICARE Dental Program (TDP) - United Concordia	1.800.866.8499
http://www.tricare.osd.mil/beneficiary/beneficiary/supprog.html	
National Mail Order Pharmacy - Merck Medco	1.800.903.4680
http://www.tricare.osd.mil/pharmacy/nmop.cfm	
<u>Defense Enrollment Eligibility Reporting Systems (DEERS)</u>	1.800.538.9552
	
Active Duty Claims (MMSO)	1.800.876.1131
Regional Toll Free Numbers	
Northeast (1)	1.888.999.5195
Mid-Atlantic (2)	1.800.931.9501
Southeast (3)	1.800.444.5445
Gulfsouth (4)	1.800.444.5445
Heartland (5)	1.800.941.4501
Southwest (6)	1.800.406.2832
Central (7/8)	1.888.874.9378
Southern California (9)	1.800.242.6788
Golden Gate (10)	1.800.242.6788
Northwest (11)	1.800.404.2042
TRICARE Pacific <u>Hawaii </u>	1.800.242.6788
WESTPAC	1.888.777.8343
<u>Latin America & Canada </u>	1.888.777.8343
Puerto Rico & Virgin Islands	1.888.777.8343
Europe	1.888.777.8343

The <u>TRICARE Web site http://www.tricare.osd.mil/</u> is the official Web presence of the TRICARE Management Activity.

Skyline 5, Suite 810, 5111 Leesburg Pike, Falls Church, VA 22041-3206

Commissioned Officer Training (COT) In-processing Sheet

- 1. Provide four front and back copies of your orders.
- 2. When asked to submit documents such as marriage licenses/certificates, birth certificates, or pay affecting documentation, please remember the following information:

The Personnel Section and Finance are two separate offices and do not share copies of your documentation.

If you need to submit a document to the Personnel Section <u>and</u> Finance please provide a SEPARATE copy to each office.

DO NOT submit originals

DO NOT submit your ONLY copy

***Please have copies of the following documents (if applicable) available for Personnel In-processing:

DD Form 214s
Point Summary Statements
NGB 22s
Licenses/Diplomas/Certifications
Marriage certificates/spouse's and/or child(s) birth certificates
Driver's License/Passport/Military ID

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OTS STUDENTS (COT) – RESOURCES FOR BRIEFINGS

MSFRIC Webpage

http://www.au.af.mil/au/aul/lane.htm

INFORMATIVE BRIEFING

1. On the Muir S. Fairchild Research Information Center's home page click on AU Student Support then on the Officer Training School link. On this page you will find links to Cultural Awareness/**Regional Studies** and other resource guides.

CULTURAL AWARENESS/REGIONAL STUDIES

- 2. On the Officer Training School Curriculum Assistance page look for Cultural Awareness/Regional Studies. From here you will find links to full-text articles, Internet sites, and lists of books containing information about your region.
- 3. Check the online catalog for books, documents, and multimedia items at: https://catalog.au.af.mil/cgi-bin/Pwebrecon.cgi?DB=local&PAGE=First . Documents and periodicals cannot leave the building photocopy the portions you need. You may check out videos.
- 4. The 'Databases' link on the OTS page takes you to the main Database page with links to databases such as: EBSCO, PROQUEST, Country Watch, AULIMP, and New York Times, etc. For access from your dorm the remote database password list can be picked up at the MSFRIC Reference desk. Request here for the sheet to be sent to your .mil email.
- 5. The 'Tongue and Quill' link on the OTS page takes you to the electronic copy of this title which will have examples of written communications including the *Bullet Background Paper*.

Muir S. Fairchild Research Information Center

Hours:

Mon-Thurs 0730-2145 Fri 0730-1645 Sat 0800-1645 Sun 1300-1645 Holidays As posted

Map Room M-F 0800-1700 (closed for lunch 1300-1400)

Continued on reverse

http://www.au.af.mil/au/aul/lane.htm

Muir S. Fairchild Research Information Center General Information

- You are allowed to check out books and videos. Get your temporary library card at the Book Circulation Desk. You will need a *copy of your orders* and your ID card. The card is good only for the time you are at OTS. All material you have checked out must be returned before you depart Maxwell. The Book Circulation Desk is just inside the West Wing to the right of the security gates.
- 2. There are five photocopiers for your use in the center. You will need to obtain a copier/printer code card from the Information Desk to print from public computers or to make copies. Each card has a code that you must insert into the pop-up box on your computer screen or on the copier screen. You are allowed to make free copies of center material for your personal or school use one copy only. The Copy Room is just past the Information Desk on the right. When you print from any PC in the center the copy will be printed on the machines in the Copy Room. There is a sign near each PC that directs you to the correct printer to retrieve your print copies.
- 3. All public computers in the center have the Microsoft Office Suite and Internet access. There are also 5 public computers in the East Wing.
- 4. Two scanners are available. Instructions are located by the scanner.
- 5. Documents (call number starts with M-U) usually cannot be checked out. You are allowed to make free copies of the material you need. The Document Circulation Cage is in the East Wing.
- 6. Pay telephone, DSN phones and base telephones are in the main hallway of the center. You are not allowed to use Center staff telephones or staff computers. Cell phones can only be used in the north or south lobbies.
- 7. Restrooms are off the main hallway.
- 8. You may use your personal laptop; the entire Center is a WI-FI zone. Instructions for using WI-FI connection are available at the Information Desk. You cannot connect your personal laptop to the base LAN nor to a telephone line.
- 9. AU Press is where you get "free" books. They are located at 131 W. Shumacher Ave., Bldg. 910. Bookstore hours are 0800-1545 M F.

OTS Liaison: Kim Hunter

kimberly.hunter@maxwell.af.mil

953-9811

COT

FITNESS SCREENING QUESTIONNAIRE

1.	Do you have a health condition not addressed in a physical profile (AF Form 422) that could be aggravated by participating in your unit's physical training program/fitness testing or that would preclude your safe participation?
	☐ YES – Stop here; notify your Unit Fitness Program Manager (UFPM) and contact your Primary Care Manager for evaluation.
	□ NO – Proceed to next question.
2.	Do you have any of the following?
	 Chest Discomfort with exertion Unusual shortness of breath Dizziness, fainting, blackouts
	☐ YES – Stop here; notify your UFPM and contact your Primary Care Manager for evaluation.
	□ NO – Proceed to next question.
3.	Are you less than 35 years of age?
	☐ YES – Stop here; sign form and return to your Unit Fitness Program Manager.
	□ NO – Proceed to next question.
4.	Do two (2) or more of the following risk factors apply to you?
	 Physically inactive; that is, you have not participated in physical activities of at least a moderate level (i.e., that caused light sweating and slight-to-moderate increases in breathing or heart rate) for at least 30 minutes per session and for a minimum of 3 days per week for at least 3 months Smoked cigarettes in the last 30 days Diabetes
	 High blood pressure that is not controlled High cholesterol that is not controlled Family history of heart disease (developed in father/brother before age 55 or mother/sister before age 65) Abdominal Circumference >40" for males; >35" for females Age = 45 years for males; = 55 years for females
	☐ YES – Stop here; notify your UFPM and contact your Primary Care Manager for evaluation.
	□ NO – Sign form and return to Unit Fitness Program Manager.
	You must notify your UFPM and see your Primary Care Manager if you have a change in health that may affect your ability to safely participate in unit physical training.
	Signature: Date:
	Printed Name: Rank:
	Authority: 10 USC 8013

Authority: 10 USC 8013.

Routine Use: This information is not disclosed outside DoD.

Disclosure is Mandatory. Failure to provide this information may result in either administrative discharge or punishment under the UCMJ.

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Items Required for Inprocessing TD-0 and TD-1

 Picture ID
 Method of Payment for Uniforms at AAFES (Military Clothing Store), expect total costs to be $\sim $1,500$
 Orders 7 copies (Never give away the last copy of your orders, make more)
 Shot Records
 \$15 Cash (Used for meals for your first couple days here)
 Comfortable Walking Shoes
 Any Personnel Records
 Pen
 Optional Item: Backpack or Briefcase to carry all these items
ns OTS Will Provide at In-processing TD-0 (Carry with once you receive them)
 *Operating Instructions
 *This Welcome Package
 *Nametag
*Hydration System

• Initial Performance Feedback Worksheet Instructions

- FILL THIS OUT COMPLETELY AND HAVE IT ON YOU FOR FLIGHT COMMANDER WELCOME
- Section I
 - o Name: LAST NAME, FIRST NAME, MI.
 - o Grade: your military pay grade (e.g., second lieutenant is "O-1", first lieutenant is "O-2", etc.)
- Sections II-V. Leave these sections blank. The Flight Commander Interview section will be filled out during your initial interview with your Flight Commander upon arrival at OTS
- Section VI and VII. Fill these sections out as completely as possible. All items in the "PME" block must be complete upon arrival at OTS
- Gaining Unit Commander (Rank and Full Name)
 - o Your <u>Squadron</u> Commander—not the <u>Wing</u> or <u>Group</u> Commander (unless you will work directly for <u>one</u> of those individuals)
 - Must provide his/her direct Defense Switch Network (DSN)
 number—if you do not know this information, contact your recruiter,
 unit, or sponsor
- Sponsor (Rank and Full Name)
 - o This individual is assigned by your gaining unit to assist you with your transition to your gaining base; therefore, you should contact this individual <u>before</u> departing to COT
 - If you do not know this information, contact your recruiter or unit for assistance
- Once finished, highlight your full name only on one copy of your orders and bring it with the feedback worksheet to your Flight Commander interview

OFFICER PERFORMANCE FEEDBACK WORKSHEET							
I. PERSONAL INFORMATION2							
NAME			GRAL	DE .	UNIT 23 TRS (COT)		
II. TYPES OF FEEDBACK:	INITIAL	MID-TERM	'	FOLLOW-UP	RATEE REQUESTED	Т	RATER DIRECTED
III. KEY DUTIES, TASKS, AND RESP	ONSIBILITIES			V. COMMENTS			
				RECORD OF I	FLIGHT COMMANDER	₹ BI	RIEFING
				1. Inform stude policy	ent of interview purpose	& F	Flt/CC open door
IV. PERFORMANCE FEEDBACK				2. Ground Safe	-		. 1 6
	needs significant improvement	need: little or improver		B. Use of sea	aff must be notified imm at belts and shoulder rest Heat Stress Index, Gene	train	nts mandatory
1. JOB KNOWLEDGE				(OTSOI 40-1)	, , , , , , , , , , , , , , , , , , ,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Has knowledge required to perform duties effectively	•		+	Thunderstorms	n/Severe Weather Proce , Lightning, Flag Condit		· ·
Strives to improve knowledge	←		+	Green, Yellow			1:44: :-
2. LEADERSHIP SKILLS				life-threatening	vill not practice medicing	e un	ness situation is
Sets and enforces standards	←		+		ance and Base Registrat	tion	requirements
Works well with others	←		+	G. If pregnan	nt, inform Flt/CC immed YES / NO	iate	ly (Circle One)
Fosters teamwork			+				
Displays initiative			+		y personal problems/me		
Self-confident	₩		•	limitations wni	ch could impact your tra YES / NO	ainii	ng (Circle One)?
3. PROFESSIONAL QUALITIES				1			
Exhibits loyalty, discipline, dedication, integrity, honesty, and officership	•		•				
Adheres to Air Force standards	←		+		Mass Index, over allowablex counseling (MFR rec		
Accepts personal responsibility			+	5 OTT T 1	D 1' 1'1 '		1
Is fair and objective 4. ORGANIZATIONAL SKILLS			+	OTSMAN 36-	o Policy: none while in -2201)	stuc	dent status
Demonstrates ability to plan			+	6. Reservations	s concerning military se	rvic	ee (Circle One)?
Coordinates actions			•		YES / NO		
Schedules effectively			•		n sexual, racial, religiou oming an officer (AFPA		
Uses resources effectively and efficiently	•		•		sumption, DUI, drugs, w		·
Meets suspenses	•		+		nent whose main busine		
5. JUDGMENT AND DECISIONS				(OTSMAN 36-	-2201)		
Makes timely and accurate decisions	←		+	0 Financial ra	sponsibilitiespay bills/	GIID	port families (AEI
Emphasizes logic in decision making	•		+	36-2906)	sponsionniespay oms/	supj	port families (AFI
Retains composure in stressful situations	←		+		overview (Tests/Standa	rds)	, Academic
Recognizes opportunities	•		+	Freedom/Non-	36-2309), Academic Attribution Policy (OTS	Su	p 1, AUI
Requires minimal supervision	+		+	36-2308)			
6. COMMUNICATION SKILLS Listening			+	11. Is English y	your first spoken languag YES / NO	ge ((Circle One)?
Speaking	<u> </u>		_		IES / NO		
-							
Writing	+		+				

VI. PROFESSIONAL DEVELOPMENT						
STRENGTHS:						
Are you interested in a leadership position at COT (Circle One)? YES / NO						
What are some of your qualifications for a leadership position?						
SUGGESTED GOALS:	11 11 111-10					
What do you expect to learn from this program (specific, i	measurable, achievable goals)!					
ACADEMIC/PROFESSIONAL EDUCATION:						
COLLEGES ATTENDED (Most Recent First) DEGREE	TYPE MAJOR(s)	LOCATION (City & State/Country)				
PME (SOS, ISS, SSS, RESIDENCE/SEMINAR/CORRESPONDENCE):						
MILITARY SERVICE DATES (Most Recent First) BI	RANCH DUTY TITLE	LOCATION (City & State/Country)				
NEXT/FUTURE ASSIGNMENTS (BASE LEVEL, STAFF, JOINT, CONUS, O	OVERSEAS):					
*GAINING COMMANDER (Rank/Name):	*GAINING COMMAND	ER PHONE (DSN):				
*CAINING UNIT (Evangela: 425 ADC/IA).	*CAINING LOCATION	(D % State (Country))				
*GAINING UNIT (Example: 425 ABS/JA):	*GAINING LOCATION	(Base & State/Country):				
*SPONSOR (Rank/Name):	*SPONSOR PHONE (DS	SN):				
*OPPICED CARPED FIELD TITLE.	(*Must me	· · · · · · · · · · · · · · · · · · ·				
*OFFICER CAREER FIELD TITLE: VII. ADDITIONAL COMMENTS	(*Must pro	ovide information upon arrival to COT)				
VII. ADDITIONAL COMMENTS						
HOMETOWN (City & State/Country):	IF YOU ARE DRIVING T					
HOBBIES & SPECIAL INTERESTS:	- AUTOMOBILE YEAR - COLOR:	l:				
HODDIES & SI ECIAL INTERESTS.	- MAKE/MODEL:					
	- LICENSE #:					
PRIVACY ACTION ATTEMENT ALTRIODITY, 10 HCC	0.411 E / 11:-1	DUDDOGE) 1ment initial				
PRIVACY ACT STATEMENT AUTHORITY: 10 USC counseling; b) collect administrative information for in-pr						
USES: Indicated in systems notice F050 ATCA, Officer	Training Resource Management Syst	em. DISCLOSURE: Furnishing				
information is voluntary. Failure to provide information m						
RATEE SIGNATURE	RATER SIGNATURE	DATE				

MALE UNIFORM CHECKLIST

Rank and Name: Class: Flight:

Items in the left column MUST be purchased by the end of training day (TD) 1. Items in the right column will be purchased on TD 1 if time permits; otherwise they will be purchased on the following Saturday. Items that have been worn or altered MAY NOT be returned. Quantities listed are minimum requirements; you may purchase more for convenience. Items listed as "seasonal" will be purchased during the months of October through March.

Airman Battle Uniform		Qty	Se	rvice (Blue) Uniform	Qty
□ Pants		2	□ Short Sleeve Shirt		2
	Shirt	2	_	Long Sleeve Shirt	1
	Hat	1		White V-neck T-shirt	3
	Sage Green Combat Boots	1 pair		Blue Neck Tie	1
	Belt	1 pan		Low-quarter Shoes	1 pair
	Blousing Straps	1 set		Black Dress Socks	3 pair
	Desert Sand T-shirt	3	_	Flight Cap	5 pan
_	(No Pockets)	3		Blue Belt w/silver buckle	1
	Sage Green Boot Socks	3 pair		Rank Epaulets (slide on)	1 set
_	Subdued Rank	2 sets		•	
_	(at least 1 set must be pin-on rank)	2 3013		Bright Rank (pin-on)	2 sets
	Black Watch Cap	1		U.S. Insignia	1 set
	(seasonal)		_	Ribbons	Varies
	Black Gloves	1 pair	_	Ribbon Mount	Varies
	(seasonal)	•		Specialty Badge	2
	Green Issue-Style Duffle Bag	1	3.4	D II '6	04
				ess Dress Uniform aplain Candidates see staff about mess dress)	-Qty
Se	rvice (Blue) Uniform	Qty		Mess Dress Shirt	1
	Service Dress Jacket	1		Suspenders	1
	Service Dress Slacks	1		-Suspenders - Cummerbund	1
□ Polyester Slacks 1		1		Bow Tie	1
	(Or you may purchase 2 pairs of servic	e dress slacks)	ш-	Cuff Links and Studs	1 set
				Shoulder Boards	1 set
Mess Dress Uniform		-Qty		Miniature Medals	Varies
(Chaplain Candidates see staff about mess dress) — Mess Dress Jacket		1		-Miniature Medal Mount	Varies Varies
	Mess Dress Slacks	1			varies
	Wiess Diess Stacks	- 1	М	iscellaneous Items	Otv
Dh	veigal Training (DT) Coar	Otv	141	White Gloves	Qty 1
	ysical Training (PT) Gear Air Force PT gear	Qty	_		1
	TD 1:4	2		Light Weight Blue Jacket (seasonal)	1
		2 2		Blue Cardigan Sweater (optional)	1
	o Shorts			Blue Pullover Sweater (optional)	
	o Jacket (seasonal)	1		Tie Tack or Bar (optional)	1
	o Pants (seasonal)	1		White Towels (optional)	1
M	iscellaneous Items	Qty	_	winte Towers (optional)	1
	Flashlight w/ cone	Qiy 1	N	ame Tags	Otv
	"D" Batteries	1		ABU Name Tapes	Qty 2
	Rubbermaid container	1		-	
		2		ABU Air Force Tapes	2
	White Socks-ankle or crew	2		Blue Name Tag	
	(optional)			Silver Name Tag	1

Items in the left column MUST be purchased by the end of training day 1. Items in the right column will be purchased as soon as possible.

FEMALE UNIFORM CHECKLIST

Rank and Name: Class: Flight:

Items in the left column MUST be purchased by the end of training day (TD) 1. Items in the right column will be purchased on TD 1 if time permits; otherwise they will be purchased on the following Saturday. Items that have been worn or altered MAY NOT be returned. Quantities listed are minimum requirements; you may purchase more for convenience. Items listed as "seasonal" will be purchased during the months of October through March.

Airman Battle Uniform	Qty	Service (Blue) Uniform	Qty
□ Pants	2	Short Sleeve Shirt	2
□ Shirt	2	Long Sleeve Shirt	1
□ Hat	1	Blue Neck Tab	1
Sage Green Combat Boots	1 pair	Low-quarter Shoes	1 pair
□ Belt	1	Black Dress Socks	3 pair
□ Blousing Straps	1 set	Flight Cap	1
□ Desert Sand T-shirt	3	□ Blue Belt w/silver buckle	1
(No Pockets)		□ Rank Epaulets (slide on)	1 set
Sage Green Boot Socks	3 pair	□ Bright Rank (pin-on)	2 sets
Subdued Rank	2 sets	U.S. Insignia	1 set
(at least 1 set must be pin-on rank)		□ Ribbons	Varies
□ Black Watch Cap (seasonal)	1	□ Ribbon Mount	Varies
□ Black Gloves (seasonal)	1 pair	 Specialty Badge 	2
☐ Green Issue-Style Duffle Bag	1	1	
	0.4	Mess Dress Uniform	-Qty
Service (Blue) Uniform	Qty	(Chaplain Candidates see staff about mess dress)	~ 0
□ Service Dress Jacket	1	□—Mess Dress Blouse	
□ Service Dress Slacks	1	□—Regulation Nylons	Varies
□ Polyester Slacks	1	□— Pumps	1
(Or you may purchase 2 pairs of servi	ce dress slacks)	□—Cummerbund	1
□ Skirt (optional)	1	□ Satin Neck Tab 	_1
M D II .'e.	04	□—Cuff Links (optional)	1 set
Mess Dress Uniform (Chaplain Candidates see staff about mess dress)	—Qty—	□ Shoulder Boards ———————————————————————————————————	1 set
□ Mess Dress Jacket	1	■ Miniature Medals	Varies
□ Mess Dress Skirt	_1	□ Miniature Medal Mount	- Varies
Physical Training (PT) Gear	Qty	Miscellaneous Items	Qty
☐ Air Force PT gear	Qij	White Gloves	1
o T-shirt	2	 Light Weight Blue Jacket 	1
Shorts	2	(seasonal)	
Jacket (seasonal)	1	☐ Blue Cardigan Sweater (optional)	1
o Pants (seasonal)	1	☐ Blue Pullover Sweater (optional)	1
O Tants (scasonar)	1	□ Regulation Purse (optional)	1
Miscellaneous Items	Qty	□ White Towels (optional)	1
□ Flashlight w/ cone	1		
□ "D" Batteries	1	Name Tags	Qty
□ Rubbermaid container	1	ABU Name Tapes	2
□ White Socks-ankle or crew	2	 ABU Air Force Tapes 	2
(optional)	•	Blue Name Tag	1
•		Silver Name Tag	1

Items in the left column MUST be purchased by the end of training day 1. Items in the right column will be purchased as soon as possible.